



## THE FAMILY GUIDE TO GCSE'S 2024-25



**Make it Stick:  
Helping your child  
to revise**

# SUPPORTING YOUR CHILDS REVISION

At Paget High School, we recognise the importance of working in partnership with students and parents to secure the best possible outcome for our students.

The next few months represent a crucial stage of your child's education. GCSE exams are imminent and it is imperative that all parties work together to maximise attainment.



## GETTING THEM IN THE RIGHT FRAME OF MIND



The prospect of GCSE exams is very stressful for students. This tends to spark a natural 'fight, flight or freeze' response. When presented with the prospect of revision for exams, students may respond with...

Fight: Students may become argumentative or aggressive

Flight: Students may look to put off revision or run away from the problem

Freeze: Students may panic and be unable to think straight or concentrate

If any of these instincts are triggered it becomes very difficult for the students to revise.

To counteract this try the following:

- Be unerringly positive: repeatedly focusing on the positive, emphasizing belief that the student will be successful.
- Do not join in the anxiety even if you feel it! Try to remain calm and positive.

## LOOKING AFTER YOURSELF

Many students fall into the trap of 'revising' by reading through notes while watching TV. To revise effectively students need a calm, peaceful environment. A little light background music can be conducive to concentration: however, mobile phones, TV and loud music have been shown to have a negative impact.

## PLANNING REVISION

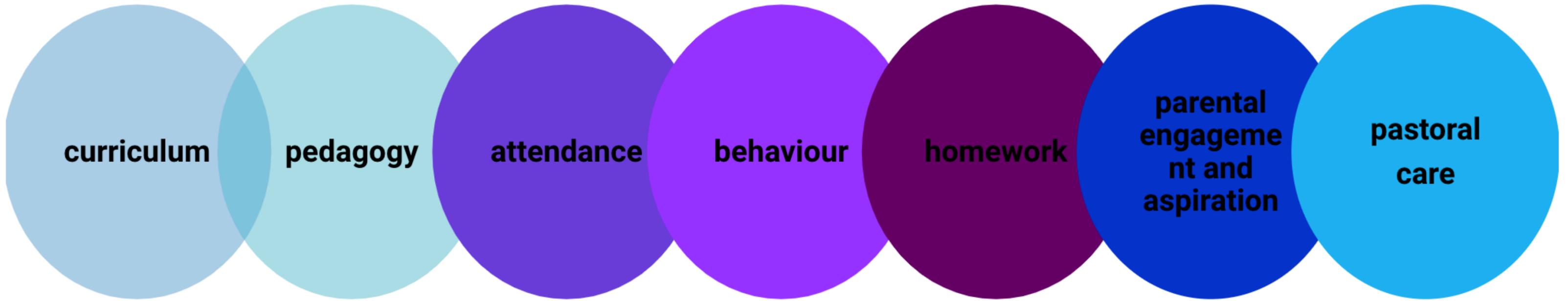


In your booklet there is advice on how to break down revision running up to the exams. In addition, we will keep you informed of details of intervention and revision sessions that will be running over the remaining time.

It is crucial that students draw up a revision plan and timetable to make sure they cover all topics in plenty of time, avoiding any last minute panic.

Example revision timetables and blank templates are available for download from the school website.

All students will spend form time generating one on [getrevising.co.uk](http://getrevising.co.uk)



**PAGET HIGH SCHOOL**

RESILIENCE, INTEGRITY, COMMUNITY

Intervention Wave 1	10/09/24
Parent Information Evening	17/09/24
Careers interviews begin	September-December
Reports go home/ Sixth Form Open Evening	23/10/24
Sixth form applications open	24/10/24
PPEs begin	11/11/24
Careers information day	December
Results day/Parents Evening	9/11/24
Intervention Wave 2	13/1/25
Sixth form applications close	31/01/25
WTMs	24/02/25
GCSEs begin	8/05/25



# Intervention - when is it?

**Wave One: Eng/Maths/Science 3 weeks. Options for 3 weeks**

**Mock Exams**

**Wave Two: Eng/Maths/Science 5 weeks. Options for 5 weeks.**

**Some may be in every Tues, Wed and Thurs. Some not at all.**

## What is it?

**P6.**

**Carefully chosen students in small groups. Targetting their gaps in their knowledge.**

**It is not a revision session. Students are tested and work on their own needs**



# Mental Health matters

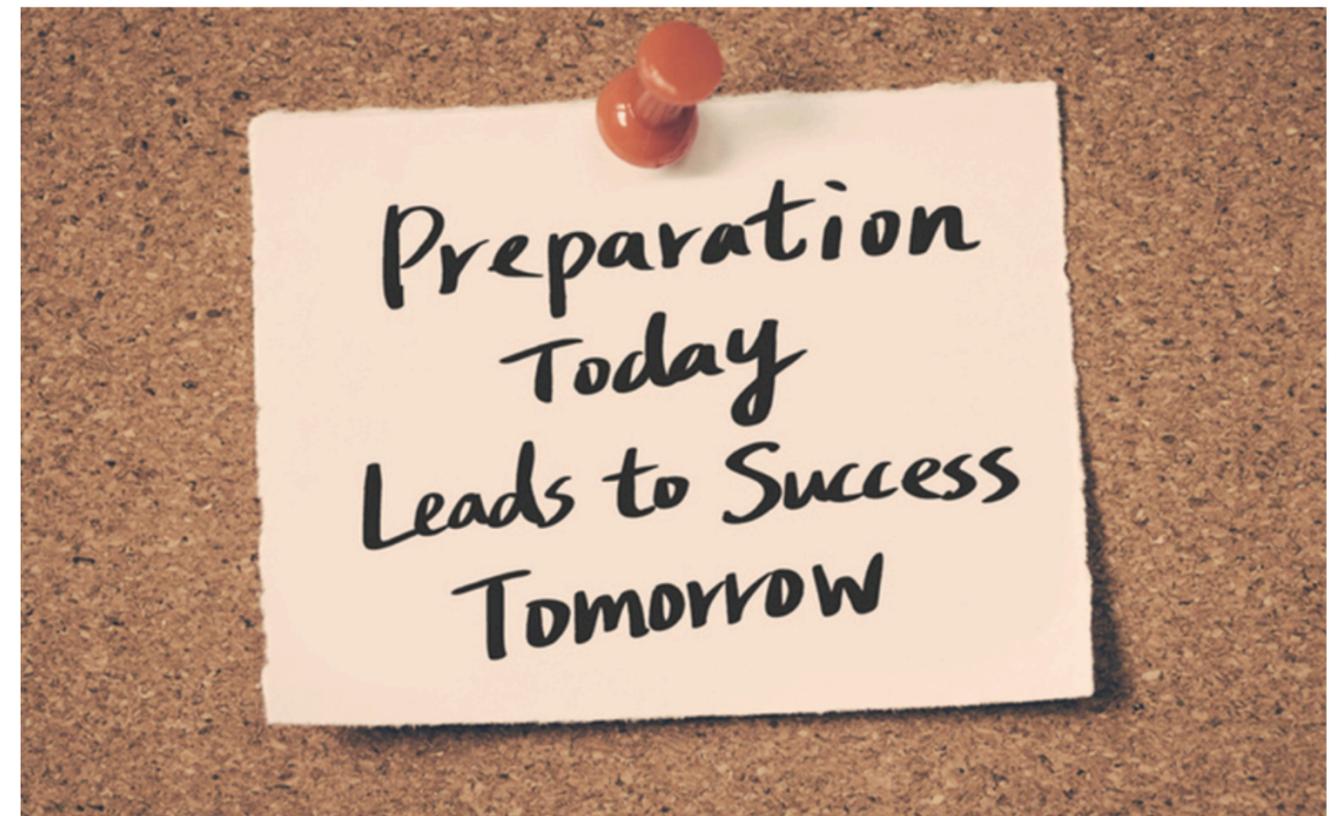


In order to perform, you need to feel safe and supported. From time we will go through how to cope with stress.

Largest part of this is being organised and prepared.

Mocks, pre seating line ups. WTM's. Safeguarding Team are on hand.

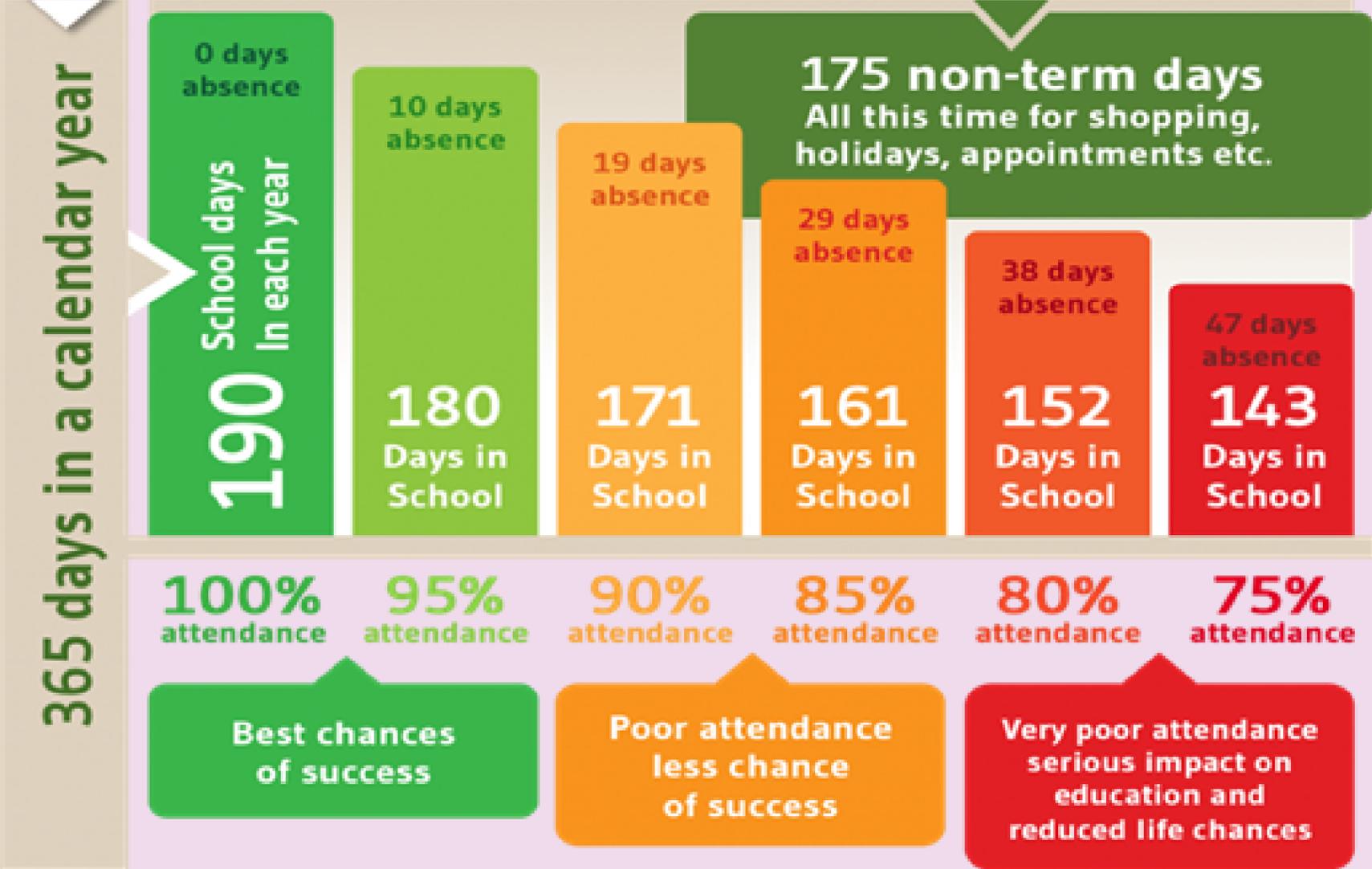
**27 - weeks left until your  
exams begin  
131 - days left  
655 - lessons left**



# Attendance matters



Average attendance at Intervention last year	Average Grade in GCSEs
60%	2
80%	3
100%	5+

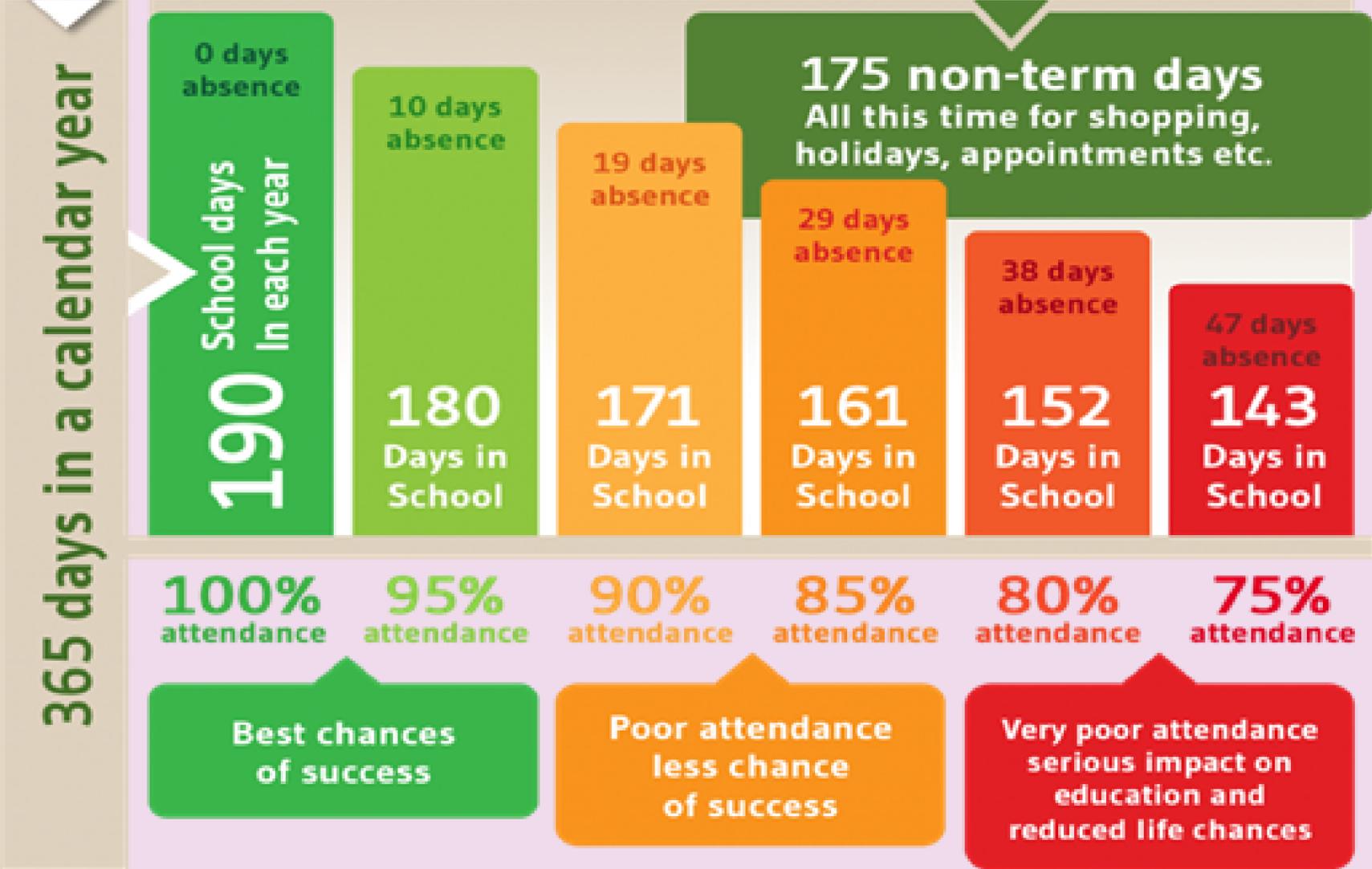


**DID YOU KNOW?** A two week holiday in term time means that the highest attendance you can achieve is 94.7%

# Attendance matters



Attendance %	Number of GCSEs at 5+
90+	7.3
85-90	6.4
80-85	4.1
Lower than 80	2.6



**DID YOU KNOW?** A two week holiday in term time means that the highest attendance you can achieve is 94.7%



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**WHO TO GO TO?**